

J.Morgan's Lunch

BE SURE TO FIND OUT ABOUT TODAY'S SPECIALS

We are proud to say that all of our food is made to order. Quality is never sacrificed.

Lettuce Entice You

Our GIANT Caesar with Your Favorite Topping

The Classic with anchovies. 7.99 Blackened or Grilled Chicken 10.99

Fried Calamari, Fried Popcorn Shrimp, Grilled Salmon or Marinated Steak 12.99

Soup, Salad and Half Sandwich ~ Whim soup, choice of house salad and sandwich of the day. 9.99

The Chopped Italian Salad ~ Shredded lettuce, thinly sliced Roma tomatoes, sliced black olives, banana pepper rings and red and green diced peppers. With julienned prosciutto, salami, capicola and Provolone cheese drizzled with house Italian. 10.99

The Mediterranean Salad ~ Romaine lettuce, black olives, red onions, cucumbers, tomatoes, Feta cheese & chick peas all tossed in a light Greek red wine vinaigrette. Topped with fresh citrus and herb marinated shrimp. 12.99

With Chicken or Grilled Tilapia 11.99

Shrimp Caprese Salad ~ Marinated shrimp, grape tomatoes, fresh mozzarella, basil and herb garlic croutons all tossed with romaine lettuce and sweet balsamic vinaigrette. 12.99

Salmon Niscoise Salad ~ Chilled poach salmon, green beans, red onion, hard boiled egg, black olives, fresh avocado and mango over mixed greens with a basil citrus vinaigrette. 12.99

Steak Tip Salad ~ Chopped romaine, mescaline, green beans, tomatoes, scallions and gorgonzola cheese all tossed in our sweet balsamic and herb oil dressing. Topped with grilled sirloin steak seasoned with Montreal seasoning and shoe string onion rings. 12.99

The Asian Salad ~ Mixed greens with carrots and red & white shredded cabbage, scallions, fresh oranges and sesames. Tossed in a honey-lime vinaigrette and drizzled with peanut sauce and crispy wontons. With Tandoori Marinated Chicken 9.99 or Asian Sautéed Shrimp 12.99

Buffalo Chicken Salad ~ Chunks of fried chicken tossed with candied pecans, corn, red onion, scallions, tomatoes, shredded cheddar, chopped romaine and our own buttermilk peppercorn ranch dressing and a side of spicy Buffalo sauce for dipping. 9.99

Strawberry & Mango Salad ~ Baby spinach and arugula, sweet strawberries and mangos, Chevre cheese, toasted pine nuts, red onions and sliced smoked chicken breast and maple balsamic vinaigrette. 9.99

J.Morgan's Cobb ~ Your choice with bacon, tomatoes, avocado, scallions, egg, cheddar & gorgonzola cheese and chopped romaine with a creamy honey mustard dressing. With Chicken 10.99 ~ Sautéed Shrimp 12.99 ~ Grilled Steak 13.99

Barbecued Shredded Chicken ~ Romaine, tomatoes, cucumbers, avocado, fresh corn & black beans tossed in our ranch dressing topped with barbecued shredded chicken. Served with jalapeño corn bread. 10.99

Roasted Chicken Salad ~ Herb roasted chicken in a light yogurt, mayo and apricot dressing tossed with red grapes, raisins, celery and onions topped with toasted pecans. Served with an arugula salad, seasonal fruit and sweet muffin. 9.99

Want a Chicken Salad Sandwich? Just Ask.

Flatbreads & Pastas

Stone Cooked Pizzas

Margarita Flatbread ~ Fresh basil, fresh mozzarella, grape tomatoes and EVOO. Served with our classic Caesar or our house J.Morgan's salad. 10.99

The Greek Flatbread ~ Olive oil and garlic rubbed crust, Feta cheese, Kalamata olives, fresh basil and red onion. Served with a side Greek salad. 10.99

Chicken Pesto Pasta ~ Grilled boneless chicken in a buttery garlic basil pesto sauce Tossed with grape tomatoes and penne pasta. 9.99

J.Morgan's Pasta ~ Grape tomatoes, fresh basil, onions, garlic and baby spinach in an olive oil white wine butter sauce tossed with 1/3rd of fresh shrimp & baby mozzarella balls. 12.99

Without Shrimp 8.99

The Best Mac & Cheese Ever ~ Five cheeses blended together to make the best Mac and cheese you have ever had. Sprinkled with garlic butter crumbs and served over Cavatappi pasta. \$8.99 Splurge with the meat of a half Maine lobster for \$7.99 more.

Sandwiches & More

A choice of French fries, Sweet Potato Fries, Seasonal Fruit Salad

Crispy Boneless Chicken Fingers ~ Buttermilk battered crispy fried chicken tenders served plain or tossed in our **Spicy Honey Pub** or **BBQ Sauce** served with blue cheese dressing and apple bacon slaw, or **Asian Style** tossed with a maple ginger teriyaki sauce served with an orange Asian slaw. 9.99

Southern Fried Chicken Sandwich ~ Buttermilk battered for a crispy juicy chicken. with sliced pickles, shredded lettuce and a touch of mayo on Challah bread. 9.99

Chipotle Chicken Sandwich ~ Seasoned tender chicken, black bean purée, chipotle mayo with fresh avocado, lettuce, tomato and pepper jack cheese. 10.99

Chicken Quesadilla ~ Flour tortilla filled with grilled chicken Pepper Jack cheese, scallions, black beans and corn. Served with a cilantro sour cream and salsa. 9.99

Tandoori Wrap ~ Tandoori grilled chicken in a soft white wrap with julienned radish, shredded lettuce, cabbage, carrots, fresh cilantro, scallion and peanut sauce topped with fried ginger noodles. 9.99

Barbecue Pulled Pork Sandwich ~ BBQ pulled pork, apple bacon blue cheese slaw and melted Pepper Jack cheese piled high on our soft roll. 9.99

Lobster Club Sandwich ~ A whole fresh Maine lobster tossed with a touch of mayo and lemon on a butter grilled roll with shredded lettuce, bacon and fresh avocado. An Amazing Sandwich! 16.99

Crispy Fish Taco ~ Beer battered white fish with creamy adobe sauce, fresh lime, avocado, shredded cabbage and cilantro, on a grilled flour chipotle wrap. 10.99

Fish Fajita ~ Seasoned fresh white fish sautéed with onions & mixed peppers and topped with diced tomatoes, shredded lettuce, Cheddar cheese and a side of cilantro sour cream & fresh salsa. 9.99

Wasabi Grilled Mahi Sandwich ~ Teriyaki marinated, grilled and served with marinated paper thin cucumbers and red onion topped with Wasabi mayo on a grilled Challah roll. 9.99

J.Morgan's Plaza Club ~ No Sandwich is bigger. Fresh roasted and hand carved turkey breast with apple smoked bacon, lettuce and tomato on three layers of our toasted cranberry pecan bread. Mayo & cranberry chutney add the finishing touch. 10.99

Turkey VT ~ Maple turkey, apple smoked bacon, granny smith apples and cheddar cheese with a cranberry mayo dressing on top of cranberry pecan bread. 8.99

Our Crazy B.L.T. ~ Add Brie cheese and avocado to the original bacon, lettuce and tomato and mayo on a toasted baguette. Now that's *Crazy!* 8.99

The Perfect Grilled Cheese ~ Smooth fontina, parmesan and provolone cheese with, fresh herbs, garlic, 100% EVOO on homemade Italian bread grilled crispy. 8.99

Chicken Pesto Panini ~ Fresh grilled chicken, baby spinach, sun dried tomatoes, roasted garlic, marinated portabella and mozzarella cheese with pesto spread. 9.99

Steak Panini ~ Shaved roast beef, caramelized red onions, gorgonzola cheese, arugula and Dijon mustard. 9.99

Tuna Melt ~ Our all white meat tuna with fresh lemon, dill, capers, red onion and a touch of mayo placed on top of homemade rye toast topped with melted cheddar, tomatoes and sprouts. 8.99

The Classic Rueben ~ Tender corned beef, sauerkraut, Russian dressing and Swiss cheese. 8.99

Black Forest Ham Panini ~ Thin sliced black forest ham, brown mustard, baby arugula, red onion, dill pickle, Swiss cheese on Italian white. 8.99

J.Morgan's Steak Burgers & Kobe Beef Dog's

Our burger is made from Filet, NY strip steak, prime rib and chuck, ground fresh, hand formed and served on a grilled Challah roll. All burgers are a generous ½ lb.

J.Morgan's Steak Burger ~ Through the garden. 9.99

Bacon Cheese Burger ~ LTO with thick cut apple smoked bacon and cheddar cheese. 12.99

Grilled Portabella Swiss and Sautéed Onion Burger. 11.99

Bonsai Burger ~ BBQ, bacon, fried onion rings and cheddar cheese. 12.99

Montreal Seasoned Burger ~ seasoned with Montreal steak seasoning topped with Dijon mustard and gorgonzola cheese. 11.99

Southwestern Jalapeño Burger ~ fresh avocado, pepper jack cheese, lettuce and fried jalapeños. Served with a side of cilantro sour cream and house made salsa. 12.99

Caesar Burger ~ Seasoned burger grilled and topped with Caesar dressing, parmesan cheese and romaine lettuce and served on a garlic grilled roll. 11.99

Sweet and Juicy Pineapple Bacon Burger ~ Our burger glazed with house teriyaki and topped with bacon, lettuce and fresh grilled pineapple. 12.99

Caribbean Salmon Burger ~ Fresh Atlantic salmon lightly seasoned with Caribbean spices grilled and topped with a fresh fruit salsa. Served on a grilled Challah roll with a roasted garlic aioli 12.99

Vegetarian Portabella Burger ~ Grilled portabella and veggie patty, VT herbed goat cheese, sundried tomatoes, baby spinach and garlic roasted red aioli. 10.99

Introducing Our Kobe All Beef Dog ~ Why not? You deserve the best. A 1/4lb Kobe all beef dog split, cast iron seared, placed in a buttered roll and topped with Vidalia onions, sauerkraut, banana peppers, melted Swiss and Guldens mustard. 11.99

The Classic Dog ~ ¼ lb Kobe all beef hot dog with mustard and house made chunky style relish. 9.99

The State of Vermont requires that all restaurants post the following notice: ****consuming raw or undercooked meats, poultry, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions****

For parties of six or more and for parties with separate checks, an 18% gratuity will be added to your bill