

~Lunch Menu~

BE SURE TO FIND OUT ABOUT TODAY'S SPECIALS

We are proud to say that all of our food is made to order.
Our pledge to you: We will not sacrifice quality for any reason.

~Lettuce Entice You~

Our GIANT Caesar with Your Favorite Topping

The Classic with anchovies. 7.99 With Grilled Chicken 10.99

Fried Calamari, Fried Popcorn Shrimp, Grilled Salmon or Marinated Steak 12.99

Soup, Salad, Breadstick ~ Baked French onion soup **or** whim soup & salad & breadstick. 8.99

Soup, Salad and Half Sandwich ~ Whim soup, choice of house salad and small sandwich. 9.99

The Vermont Chef Salad ~ McKenzie ham, Vermont maple infused turkey breast, Cabot cheeses, Shadow Cross eggs and Squash Valley fresh produce. Choice of dressing. 10.99

Mediterranean Shrimp Salad ~ Romaine lettuce, black olives, red onions, cucumbers, tomatoes, Feta cheese & chick peas all tossed in a light Greek red wine vinaigrette.

Topped with fresh citrus and herb marinated shrimp. 12.99 Without Shrimp 8.99

Crispy Almond Sole Salad ~ Thin sole filet encrusted with almonds, panko crumbs and lemon zest, baked crispy and placed on mixed greens with tender white beans, Vidalia onions, cucumbers, grape tomatoes with lemon basil vinaigrette. 9.99

Steak Tip Salad ~ Chopped romaine, mescaline, green beans, tomatoes, scallions and gorgonzola cheese all tossed in our sweet balsamic and herb oil dressing. Topped with grilled sirloin steak seasoned with Montreal seasoning and shoe string onion rings. 12.99

The Asian Salad ~ Mixed greens with carrots and red & white shredded cabbage, scallions, fresh oranges and sesames. Tossed in a honey-lime vinaigrette and drizzled with peanut sauce and crispy wontons.

With Tandoori Marinated Chicken 9.99 or Asian Sautéed Shrimp 12.99

Buffalo Chicken Salad ~ Chunks of fried chicken tossed with candied pecans, corn, red onion, scallions, tomatoes, shredded cheddar, chopped romaine and our own buttermilk peppercorn ranch dressing and a side of spicy Buffalo sauce for dipping. 9.99

Spinach & Strawberry Salad ~ Baby spinach, sweet strawberries, Chevre cheese, toasted pine nuts, red onions and sliced smoked chicken breast and maple balsamic vinaigrette. 9.99

Smoked Chicken & Bacon Salad ~ Smoked chicken, thick apple bacon, baby spinach, sweet cranberries, red onions, goat cheese and honey chipotle pecans with a cranberry vinaigrette. 10.99

J.Morgan's Cobb ~ Your choice with bacon, tomatoes, avocado, scallions, egg, cheddar & gorgonzola cheese and chopped romaine with a creamy honey mustard dressing.

With Chicken 10.99 ~ Sautéed Shrimp 12.99 ~ Grilled Steak 13.99

Barbecued Shredded Chicken ~ Romaine, tomatoes, cucumbers, avocado, fresh corn & black beans tossed in our ranch dressing topped with barbecued shredded chicken. Served with jalapeño corn bread. 10.99

Caper Tuna Salad ~ All white meat tuna, red onion, capers, parsley, dill and fresh lemon. Served with a side salad, seasonal fruit and sweet muffin. 8.99

Chicken Salad ~ White meat mixed with mayo, apricot, red grapes, onions, and sweet curry topped with toasted almonds. Served with a side salad, seasonal fruit and sweet muffin. 8.99

Want a Tuna or Chicken Salad Sandwich? Just Ask.

The State of Vermont requires that all restaurants post the following notice: **consuming raw or undercooked meats, poultry, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions**

For parties of six or more and for parties with separate checks, an 18% gratuity will be added to your bill

Due to food costs, prices may change without notice.

~Pizza & Pasta~

Pizzas are Perfect For One and Come with a Side Salad

Three Cheese ~ Fresh Roma tomatoes, garlic, a touch of marinara, basil, mozzarella, provolone and parmesan cheese. 10.99

Wild Mushroom & Gorgonzola Pizza ~ Blend of mushrooms, red onions, black olives, toasted pine nuts, fresh herbs, garlic, mozzarella & gorgonzola cheese. 10.99

Mediterranean Pizza ~ Garlic and olive oil crust topped with red onions, black olives, fresh spinach, artichokes, Feta & mozzarella cheese. 10.99

Hawaiian Pizza ~ Fresh pineapple, Canadian bacon, marinara and mozzarella cheese. 10.99

Polo Loco Pasta ~ Boneless chicken in a buttery garlic sauce with diced tomatoes over penne. 9.99

J.Morgan's Spaghetti ~ Grape tomatoes, fresh basil, onions & garlic in an olive oil white wine butter sauce tossed with fresh shrimp & mozzarella balls. 11.99 **Without Shrimp 7.99**

Roasted Veggie Pasta ~ Fire roasted tomatoes, roasted garlic, button mushrooms, artichoke hearts and Chevre cheese surrounded with a chunky style marinara tossed with whole wheat penne. 9.99

~Sandwiches & More~

A Choice of French Fries, Sweet Potato Fries, Seasonal Fruit Salad

Crispy Fried Chicken Fingers ~ Buttermilk battered for tender crispy chicken served with two dipping sauces and fries. 8.99

Honey Pub Boneless Wings ~ Chicken tenders tossed in our sweet and spicy honey pub sauce served with our blue cheese bacon coleslaw celery sticks and fries. 9.99

Steak or Chicken Quesadilla ~ Flour tortilla filled with grilled chicken or ground seasoned steak, Pepper Jack cheese, scallions, black beans and corn. Served with a cilantro sour cream and salsa. 8.99

The Plaza Club ~ Fresh roasted and hand carved turkey breast with bacon, lettuce and tomato on cranberry pecan bread. Mayo & cranberry chutney add the finishing touch. 8.99

Our Famous Montreal Burger ~ Our burger is made from filet, strip steak and prime rib ground fresh and seasoned with Montreal steak seasoning topped with gorgonzola cheese, lettuce, tomato & onion. 1/2lb 9.99 **Add Bacon 1.50** (*Like it Plain? Just Ask*)

California Chicken Sandwich ~ Grilled chicken, bacon, cheddar, tomato, lettuce and onions served with a avocado spread on a toasted ciabatta roll. 9.99

Fish Fajita ~ Seasoned fresh white fish sautéed with onions & mixed peppers and topped with diced tomatoes, shredded lettuce, cilantro, Cheddar cheese & fresh salsa. 9.99

Wasabi Grilled Mahi Mahi Sandwich ~ Teriyaki marinated, grilled and served with paper thin cucumbers and red onion topped with Wasabi mayo on ciabatta. 9.99

Our Crazy B.L.T. ~ Add Brie cheese and avocado to the original bacon, lettuce and tomato and mayo on a toasted baguette. Now that's *Crazy!* 8.99

Grilled Garden Burger ~ Topped with a goat cheese, roasted red pepper, onion, spinach and tomato spread on toasted ciabatta roll with lettuce, tomato and onion. 9.99

Mediterranean Panini ~ Sautéed onions, baby spinach, roasted tomatoes, Kalamata olives and Feta cheese on a soft pita flatbread with taziki cucumber dip. 7.99 **With Chicken 9.99**

Cubano Panini ~ Thinly sliced fresh pork loin and mustard on one side, ham, Swiss and garlic mayo on the other, shaved red onion and pickle in the middle. 8.99

Hot Italian Sausage Panini ~ Vermont Cure Italian sausage, pepper and onions, roasted tomatoes and provolone cheese on Italian bread. Served with a side of basil marinara. 8.99

The Perfect Grilled Cheese ~ Smooth fontina and provolone cheese with, fresh herbs, garlic, 100% EVOO on homemade Italian parmesan bread grilled crispy. 8.99

Panini Italiano ~ Prosciutto, salami, hot ham, roasted red peppers, sweet peppercinis and fresh mozzarella & provolone cheese with garlic herbed mayo on crispy Italian bread. 9.99

Chicken Pesto Panini ~ Fresh grilled chicken, baby spinach, sun dried tomatoes, roasted garlic, marinated portabella and mozzarella cheese with pesto spread. 9.99

Turkey VT ~ Hand carved turkey, apple smoked bacon, granny smith apples and cheddar cheese with a cranberry mayo dressing on top of cranberry pecan bread. 8.99

Tuna Melt ~ Our all white meat tuna placed on top of English muffins with red onion and a lemon dill caper mayo with melted cheddar and sprouts. 8.99

Barbecue Pulled Pork ~ Open face, topped with Cole slaw and melted Pepper Jack cheese. 8.99

The Classic Rueben ~ Tender corned beef, sauerkraut, Russian dressing and Swiss cheese. 8.99

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