

J.MORGAN'S LUNCH

WE ARE PROUD TO SAY THAT WE PREPARE EVERYTHING TO ORDER
& WE PROUDLY SUPPORT LOCAL VERMONT VENDORS

CHICKEN

SERVED WITH FRIES, MIXED GREENS OR FRESH FRUIT | \$3 PARMESAN TRUFFLE FRIES

CRISPY BONELESS CHICKEN FINGERS

Buttermilk fried tenders with BBQ dipping sauce.....\$12

PUB CHICKEN

Fried tenders tossed in our sweet and glazy hot sauce with celery and our bacon blue cheese slaw.....\$14

JALAPEÑO CHICKEN SANDWICH

Cajun chicken tenders with red onions, fresh jalapeños, sweet banana peppers, avocado, swiss cheese and roasted garlic aioli on a ciabatta, panined to perfection.....\$12

CHICKEN PESTO PANINI

Fresh grilled chicken, baby spinach, sun-dried tomatoes, roasted garlic, marinated portabella and mozzarella cheese with a pesto spread.....\$12

ULTIMATE GRILLED CHICKEN SANDWICH

Grilled chicken topped with LTO, avocado, bacon and roasted garlic mayo.....\$12

FLATBREADS & QUESADILLAS

CHICKEN QUESADILLA

Grilled chicken, Cabot pepperjack cheese, scallions, black beans and corn served with a cilantro sour cream, house salsa and mixed greens....\$12

PUB CHICKEN FLATBREAD

Grilled chicken, bacon and mozzarella cheese with a sweet and glazy hot sauce, topped with a blue cheese salad.....\$14

PESTO MARGARITA FLATBREAD

Roasted tomatoes, fresh basil pesto, mozzarella, feta, spinach and balsamic glaze.....\$12
Add Green Mountain Smokehouse Chicken.....\$16

CLASSIC SANDWICHES

ALL SANDWICHES ARE SERVED WITH FRIES, MIXED GREENS OR FRESH FRUIT
\$3 PARMESAN TRUFFLE FRIES

TURKEY VERMONT

Maple turkey, bacon, granny smith apples and Cabot cheddar. Served open face with cranberry mayo on top of La Panciata cranberry pecan bread.....\$12

J.MORGAN'S FAMOUS PLAZA CLUB

Freshly roasted hand-carved turkey breast with bacon, lettuce, tomato and mayo on three layers of our toasted La Panciata cranberry pecan bread. Homemade cranberry chutney adds the finishing touch.....\$14

THE CLASSIC REUBEN

Tender NY deli style corned beef piled high with sauerkraut, Russian dressing and swiss cheese on Klinger's rye.....\$13

OUR CRAZY B.L.T.

Brie cheese, avocado, bacon, lettuce, tomato and mayo on a toasted baguette....\$12

THE PERFECT GRILLED CHEESE

Smooth fontina, parmesan and provolone cheese with our perfect herb and garlic spread on Red Hen ciabatta bread.....\$11 | Add Black Forest ham and tomato.....\$13

BBQ PULLED PORK BISCUIT

Slow roasted BBQ pulled pork piled on a buttermilk biscuit with pickled jalapeños and blue cheese bacon slaw.....\$13

PASTAS, BURGERS & MORE

PASTAS

POLLO LOCO

Grape tomatoes, fresh parsley, parmesan, grilled chicken and garlic in a white wine butter sauce tossed with penne.....\$14

FAMOUS MAC & CHEESE

Four cheeses blended together to make the best mac and cheese you have ever had! Topped with garlic butter crumbs.....\$12 | Pork.....\$14

BURGERS

FRESHLY GROUND FILET, STRIP STEAK, PRIME RIB AND CHUCK | HAND FORMED
SERVED WITH FRIES, MIXED GREENS OR FRESH FRUIT | \$3 PARMESAN TRUFFLE FRIES

SUBSTITUTE ANY BURGER FOR A VEGETARIAN BEYOND BEEF BURGER

CLASSIC STEAK BURGER

LTO.....\$12 | Applewood smoked bacon.....\$2 | Two slices of cheese.....\$2 | Sautéed mushrooms & onions.....\$2

THE ALL AMERICAN CHEESE BURGER

LTO, pickles, ketchup and mustard, surrounded by American cheese.....\$14

COWBOY BURGER

BBQ glaze, bacon, shoestring fried onion rings, shredded lettuce and cheddar cheese.....\$15

J.MORGAN'S PUB BURGER

Sweet and spicy glaze topped with bacon blue cheese slaw and fried onion stirrings.....\$15

VERMONT TURKEY BURGER

Vermont's Misty Knoll turkey seasoned, grilled and served on a soft challah roll with roasted garlic mayo, bacon, Bayley Hazen blue cheese, sweet caramelized onions and LTO.....\$15

HOISIN GLAZED PORK SLIDERS

Hoisin glazed ground pork, honey lime slaw with cucumbers, radish, cilantro, scallions, crispy wontons, and a side of Sriracha aioli.....\$14

WRAPS

SERVED WITH FRIES, MIXED GREENS OR FRESH FRUIT | \$3 PARMESAN TRUFFLE FRIES

PUB CHICKEN

Crispy chicken tenders, crispy chopped bacon tossed in our sweet and glazy hot sauce, shredded lettuce, blue cheese dressing and bacon.....\$12

CHICKEN CEASAR

Cesar salad, parmesan, croutons, sliced grilled chicken and bacon.....\$12

CALIFORNIA TURKEY

Hand-carved turkey breast, applewood smoked bacon, avocado, LTO and Sriracha aioli.....\$12

FROM THE SEA

SERVED WITH FRIES, MIXED GREENS OR FRESH FRUIT | \$3 PARMESAN TRUFFLE FRIES

LOBSTER CLUB SANDWICH

A whole fresh Maine lobster tossed with a touch of mayo and lemon on a grilled buttered Challah roll with shredded lettuce, bacon and fresh avocado.....\$22

FISH TACOS

Cilantro, cucumber and radish slaw with fresh sliced avocado and a creamy adobe sauce in a Vermont made tortilla with your choice of Fried Cod *-or-* Sautéed Shrimp.....\$14

GOURMET SALADS

SALADS OUR WAY

MAKE IT VEGETARIAN WITH TWO BALSAMIC & HERB GRILLED PORTABELLAS
KALE CAN BE INCLUDED OR SUBSTITUTED IN ANY SALAD

SOUP, SALAD AND HALF SANDWICH

Whim soup, sandwich of the day and choice of side salad....\$12

BAYLEY HAZEN BLUE NEW YORK STRIP

Chopped romaine, mesclun, green beans, tomatoes and scallions tossed in our balsamic and herb oil dressing. Topped with sliced Montreal seasoned New York strip, Bayley Hazen blue cheese and shoestring onion rings.....\$18

SEARED AHI TUNA

Seared pepper tuna, marinated olives, grape tomatoes, fresh French beans, herbed potatoes, capers and hard boiled egg on a bed of mesclun greens with a dijon lemon dill vinaigrette.....\$16

CITRUS GRILLED SALMON

Baby arugula and mixed greens tossed in an orange vinaigrette with fresh strawberries and blueberries, cucumbers, red onion, candied pistachios, Vermont goat cheese and grilled salmon.....\$17

THE VERMONT

Green Mountain Smokehouse chicken, apples, cranberries, golden raisins, Cabot Extra Sharp Cheddar, toasted pecans, cucumbers, red onions and mixed greens in a Vermont maple mustard vinaigrette.....\$15

THE SOUTHWESTERN

Chopped romaine tossed in our buttermilk peppercorn ranch dressing with buttermilk fried chicken, red onions, scallions, tomatoes, Cabot pepperjack cheese, candied pecans, black beans, corn and fried jalapeños.....\$14

SALADS YOUR WAY

MAKE IT VEGETARIAN WITH TWO BALSAMIC & HERB GRILLED PORTABELLAS
KALE CAN BE INCLUDED OR SUBSTITUTED IN ANY SALAD

OUR GIANT CAESAR WITH YOUR FAVORITE TOPPING

The Classic with anchovies.....\$10 | Blackened ~~or~~ Plain Grilled Chicken.....\$12

Fried Calamari.....\$14 • Grilled Salmon ~~or~~ Seasoned Steak.....\$16

THE J.MORGAN'S COBB

Bacon, tomatoes, avocado, scallions, hard boiled egg, cheddar, gorgonzola cheese and chopped romaine served with a creamy honey mustard dressing.....\$12 | Grilled Chicken.....\$14 • Sautéed Shrimp.....\$16
Grilled Steak.....\$18 • Whole Maine Lobster Meat.....\$26

THE CRUNCHY PUB

Crispy chicken tenders or popcorn shrimp tossed in our sweet and glazy hot sauce over romaine with cucumbers, scallions, tomatoes, avocado, bacon and blue cheese dressing | Chicken.....\$14 • Shrimp.....\$16

BEET & SPINACH

Arugula, shaved fennel, scallions, basil, beets, toasted pepitas and Bayley Hazen blue cheese tossed in an orange zest vinaigrette.....\$12 | Grilled Chicken.....\$14 • Sautéed Shrimp.....\$16
Grilled Salmon.....\$18

THE ASIAN SALAD

Mixed greens with carrots, red and white shredded cabbage, scallions, fresh oranges and sesame seeds, tossed in a honey-lime vinaigrette with peanut sauce, a crispy fried eggroll and wontons | Asian Chicken.....\$14
Asian Sautéed Shrimp ~~or~~ Maple Ginger Salmon.....\$16

THE GREEK

Romaine lettuce, Greek olives, red onions, cucumbers, artichoke hearts, tomatoes, roasted red peppers, feta cheese, banana peppers and chickpeas all tossed in a light Greek red wine vinaigrette.....\$12
Grilled Chicken.....\$14 • Sautéed Lemon Garlic Shrimp.....\$16
